

What can I expect today?



<https://youtube.com/shorts/7Yt-PG9B6lg?feature=share>

Meeting of Minds Theme : The Alternative Postcard

09.30 – 10.00	Coffee & welcome
10.00 – 10.15	The story so far, pledges and introductions
10.15 – 11.00	Like Minds Workshop to explore workforce needs in Devon
11.00 – 11.15	Coffee
11.15 – 12.15	Fishbowl discussion (Blue Sky Thinking to address the needs raised today)
12.15 – 12.30	Reflections
12.30 – 13.00	Lunch & coffee
13.00 – 13.15	Working lunch at tables (Devon language)
13.15 – 14.15	Fishbowl discussion (Overcoming the Barriers)
14.15 – 15.00	Actions and pledges

Laura Blatherwick & Sarah-Lou Glover

Attendees 21.03.25

- Devon County Council Commissioning Officer
- Devon County Council Public Health Specialist
- Paediatric Consultant
- NHS Network Admin
- NHS Head of VCSE Partnerships
- NHS Director of Women's and Children's Improvement
- NHS Inpatient Transformation Lead
- NHS CYP Social Prescriber
- NHS Directory of Strategy & Partnerships/ Deputy CEO
- Children & Family Health Devon Deputy Director
- Littleton Principal School Leadership Guide
- Littleton Mental Wellbeing Lead & Class teacher
- Sidmouth College PSA
- Cranbrook Education Head of Campus
- Exmouth College Mental Health Lead & Head of Year
- Parental Minds Director
- Parental Minds Admin
- Parental Minds Graphic Designer
- Parental Minds Peer Support Workers
- HeadsUp Managing Director
- Colab Community Mental Health Development Lead – Eastern Devon
- Esteem Team Community and Family Support Manager
- Family Resource Team Manager
- Normal Magic COO
- Place2Be South West Area Manager
- Action for Children Locality Service Manager
- Make Amends Service Manager
- Make Amends Occupational Support and Training Lead
- YMCA Joint CEO
- Youth Arts & Health Trust Charity Director
- Youth Arts & Health Trust Operations and Clinical Lead
- Active Communities Co-ordinator
- Early Help Locality Partnership Leads



Our story... Working together and making connections *March 2023, September 2023, September 2024, March 2025*

- Began conversations about how we can be innovative & collaborate
- We agreed to collectively build on existing resources to develop system navigation
- We agreed to better utilise joint training opportunities between partners
- We agreed to start exploring infrastructure to jointly support families holistically
- We agreed to capture family + youth voice along the way
- We agreed to capture what we do and share work with North Devon
- Agree to look at how we collate the right evidence
- Join discussions on Family Hubs and share our thoughts
- A better understanding of what exists in the area by showcasing and networking, sharing knowledge, building relationships & gaining more awareness of each other
- Would like to see more prevention for primary children (AW project)
- Moving towards a shared language
- Learning from a community viewpoint
- Partnership working & making connections (Family Minds)

What did we want to achieve then? (September 2024)

- **Networking, building our trust and scaffolding. Building the 'next floor' through innovation, trust and networking.**
- **Process and operations of how to access services – how do we overcome those barriers?**
- **Collaborative work opportunities. What are the barriers? Avoiding duplication.**
- **Understanding what's on offer**
- **Thinking about what needs are out there**
- **Thinking about the whole of Devon**
- **Evaluating what we are doing**
- **Listening and hearing each other**
- **How do we measure impacts?**
- **Whole loaf and not just the crumbs**

What do we want to achieve? (March 2025)

- Reconnect with all key stakeholders involved in this area of work.
- Share information about the webinars on Thursday, 27th, focusing on radicalisation and keeping our neurodiverse children safe online.
- Extend an offer of restorative justice and communicate this effectively, especially concerning families and young people.
- Connect with three new people today.
- Learn more about future plans for Devon and explore how we can contribute.
- Share best practices.
- Understand how the restorative justice offer can be better integrated across the peninsula.
- Learn more about Parental Minds and network with others.
- Collaborate with like-minded individuals to create innovative projects for our community in East Devon.
- Increase trust to drive change.
- Meet new people and build relationships.
- Make more connections and learn about the Partnership and how I can contribute as an individual and service.
- Equip families with the tools to support their children and themselves in developing emotional literacy and effective strategies for positive change.
- Reflect on how today's discussions can be applied to my mental wellbeing team and ambassadors at school.
- Collaborate to support more young people, improve communication, and learn more about available services.
- Represent children, young people, and families, along with those who work with them.
- Foster partnership working and build new relationships.
- Listen and learn to identify realistic actions we can take.
- Network and understand how we can work together towards common goals.
- Cultivate a sense of team spirit.
- Share new ideas and bring back information to the team to build on existing successes.
- Build connections across the county.
- Hear from others about ways to improve NHS services and adopt a solutions-based approach.
- Learn more about the Meeting of Minds and the support provided to others.
- Understand the needs of young patients.
- Meet with others to learn about different services and leave with inspiration.
- Develop community resources under one roof to support families in Devon.
- Continue dialogue on better supporting families.
- Collaborate on common issues.

The Development of the Family Minds Partnership & The Meeting of Minds

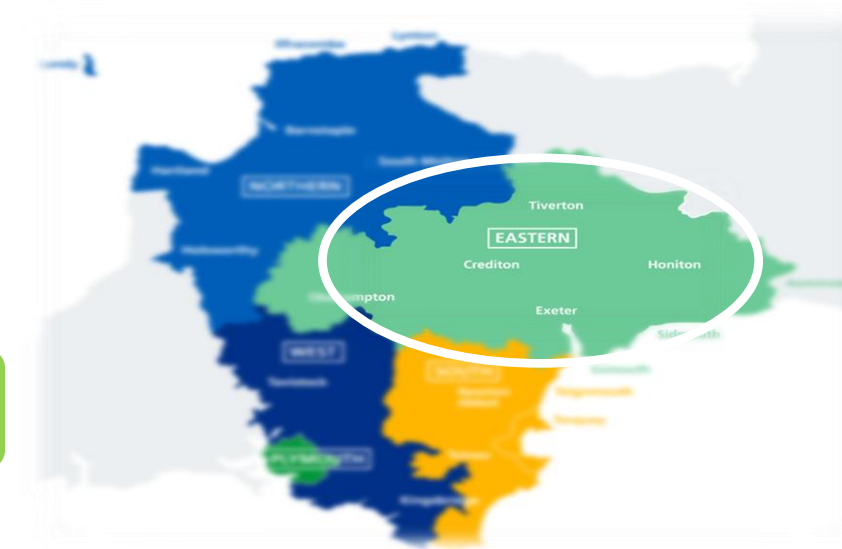
Supporting the mental well-being of Devon Families

- June 2022** *The Eastern Locality Care Partnership identified 3 prevention workstreams, by using the Data sets
The Eastern Locality Care Partnership's Children & Young People's Mental Health prevention workstream had their 1st meeting
Chaired by Sarah-Lou Glover a VCSE partner and Jeni Watts an NHS employee*
- March 2023** Sarah-Lou Glover of Parental Minds C.I.C organised a 'Meeting of Minds, bringing together VCSE, Community organisations, private practices, NHS and Local authority to plan how we can move forward collaboratively to support Families of Devon
- Sept 2023** Follow-up Meeting of Minds session to further discuss how we work more closely as a system
- 2024 - date** Sarah-Lou Glover and Jo Lewitt (DCC) jointly chair the newly titled Eastern Devon Partnership meetings for CYP & F MH (formed June 2022) **Continuing to gather the needs (families & organisations) and themes of the Eastern Locality**
- 2024 - now** Family Minds have been working on an Attendance and Wellbeing programme with funding from Health inequalities funding, match funded by Designated School Grant – approaching both sources to enable continuation of the work, adjusting the offer from our learning to date



EASTERN DEVON PARTNERSHIP

MENTAL HEALTH for CHILDREN & YOUNG PEOPLE & their FAMILIES



How we involved people

We have a Common Purpose & Theory of Change Connection.
Collaboration.
Catalyst for Change.

We ask members – ‘What's concerning you / are you seeing right now?’

By Listening, Linking Supporting Communities and Working Together in Partnership

We created the Opportunity for Blue Sky thinking and creative solutions

This month we asked what the themes and updates are from those attending.

How has it made a difference?

The Attendance and Wellbeing Project is underway and CYP are starting to work with our partners at Honiton CC, Thomas Hall School, Exeter. Since the last meeting we have widened our offer to CYP and families in other schools, to ensure time from all partners is well used. Evaluation funding is still being sought. Researchers from Bath Uni joined our meeting to consider supporting us.

AWP and Navigating Change was shared in Family Hubs and Early Help Partnership meetings with wide range of interest and engagement.

Ted Wragg colleagues have agreed to share learning on their behaviour policies at the next meeting.

What themes are we seeing?

- Emotional Wellbeing and MH: school avoidance; delays in access to crisis services; parent and child violence in the home; financial hardships
- Online safety and digital exposure – change in parental attitudes; children sharing inappropriate content in school;
- Education and School Policies – understanding their purpose and sharing cases for a different approach; shorter play times; research into school uniform compliance
- Family Support and Systemic Challenges - awaiting DCC plans for Family Hubs; effectiveness of TAFs for parents; parental separation and styles

Feb 2025

Working in partnership with:

- Cranbrook Education Campus, Littleton School, Sid Valley Schools, YMCA, Ted Wragg Trust, NHS, DCC (& Public Health, Educational Psychology and Family Hubs), Parental Minds, Action for Children, ECI Family Resource Project, CFHD, Normal Magic, Kooth, Action East Devon, Heads Up, Mental Health in Schools Team, CFHD participation, Make Amends,
- Useful links
- <http://www.familyminds.org.uk/>
- <https://www.channel4.com/programmes/swiped-the-school-that-banned-smartphones>
- <https://www.wikihow.com/Disable-Autoplay-on-the-Home-Screen-on-YouTube#:~:text=Open%20YouTube%20and%20select%20your, Autoplay%20next%20video%E2%80%9D%20option%20off.>

Post meeting quotes

- Linked in/Connected/Reflective/Hopeful and Sunny!
- I've enjoyed listening to other practitioners share their knowledge and reflections. You're a wise lot! Thanks.
- Feeling good – my takeaway is that we need to continue to work hard on relationships and communication
- Not alone with the issues we face, it's comforting to know



FAMILY MINDS PARTNERSHIP

2024

BOUNCE, BRIGHTER FUTURES
YOUTH ARTS & HEALTH TRUST
TOR SUPPORT
YOUNG DEVON
NORMAL MAGIC
FAMILY COMPASS
PLACE2BE
YMCA
FAMILY RESOURCE
ACTION EAST DEVON
PARENTAL MINDS
HEADS UP
THE ESTEEM TEAM



THRIVE DIRECTORY

Self-Harm

If you wish to add more organisations to this document, please contact
Parental Minds at admin@parentalminds.org.uk



THRIVE DIRECTORY

Process for Children Not
Engaging in School

If you wish to add more organisations to this document, please contact
Parental Minds at admin@parentalminds.org.uk



THRIVE DIRECTORIES

with

PARENTAL MINDS

Explore our directories containing a collection of mental health organisations, support networks, and resources. Navigate with confidence, empower yourself to prioritise your well-being, and learn more about what's available.

[www.parentalminds.org.uk
/category/all-resources/](http://www.parentalminds.org.uk/category/all-resources/)



Read the full set of guides
on our website

Compiled in collaboration with members of the Eastern Locality Care Partnership Children & Young People Mental Health Prevention Steering Group, and recommendations from caregivers and those with lived experience.



**PARENTAL
MINDS C.I.C**

Are you supporting a child moving from primary school to secondary school?

Learn about Navigating Change now

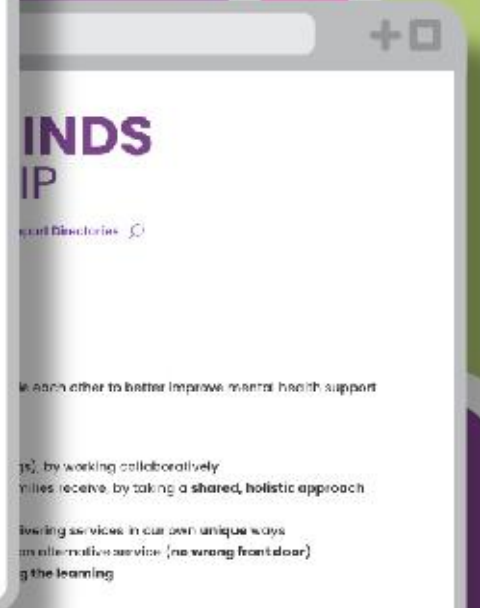
Family Minds Partnership is a group of organisations who are working alongside each other to better improve mental health support for Children, Young People and their Families across Devon.

Drawing on the range of expertise within the partnership, we co-produced a resource on our website, Navigating Change, to help families and support children making the transition from Primary to Secondary school.



**FAMILY MINDS
PARTNERSHIP**

parentalminds.org.uk/navigating-change/



We're getting
involved with

The Attendance Wellbeing Project

Family Minds will be offering a menu of support for children and young people who are struggling to attend school, and their families. The aim is to improve the student's wellbeing and support them to engage with education.

FAMILY MINDS
PARTNERSHIP



PARENTAL MINDS C.I.C.
Mental Healthcare ; Exploring Pathways





www.likemindsdevon.org



Our Members



Here for young people
Here for communities
Here for you



BOUNCE!



PARENTAL MINDS C.I.C.

Mental Healthcare ; Exploring Pathways

www.likemindsdevon.org



What we've heard

- There is the desire to work more 'upstream' and intervene earlier.
- The landscape has changed and the VSCE sector is now holding more risk.
- Staff can feel overwhelmed, isolated, anxious themselves and at risk of burnout.
- VSCE organisations are often signposted to and are rarely funded enough/sustainably to be able to cope this extra demand.
- Leaders can feel 'out of the loop' when it come to changing services in their local areas and can miss opportunities to feed in or be involved.
- Families can feel desperate and unsure where to turn and can look to us for guidance and the advocacy.



**DO YOU WORK IN
MENTAL HEALTH
IN THE VOLUNTARY SECTOR?**

PROFESSIONALS DIALOGUE EVENTS

INFORMAL DIALOGUE EVENTS TO HELP US SHAPE OUR ASPIRATIONS ABOUT HOW WE CAN WORK TOGETHER TO BETTER HELP CHILDREN AND YOUNG PEOPLE EXPERIENCING MENTAL HEALTH DIFFICULTIES ACROSS DEVON.



TAVISTOCK
THURSDAY 20TH APRIL 2PM-3.30PM
TAVISTOCK AREA SUPPORT SERVICES, THE ANCHORAGE CENTRE,
CHAPEL ST, TAVISTOCK, PL19 8AG



BARNSTAPLE
FRIDAY 21ST APRIL 3PM-4.30PM
FAMILY COMPASS, OLD TOWN STATION, NORTH WALK, BARNSTAPLE,
EX31 1DF



HONITON
FRIDAY 28TH APRIL 3PM-4.30PM
THE BEEHIVE, DOWELL ST, HONITON, EX14 1LZ



What might we do differently?

- Build on our passion for collaboration and shared learning.
- Find ways to support the workforce more - e.g. supervision, training, contracts, wellbeing support/benefits, share resources.
- Work together to collaborate and support the whole family, leading to more effective change.
- Become informed about commissioning and how to tender for services.
- Explore fundraising options together.
- Share opportunities for continuous professional development and to meet and support one another, reducing isolation.
- Raise and share the voices of children, young people and families we hear.



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Previous Pledges

ICB	Joy App – how it can best support the ambitions of Family Minds Partnership	
	Explore possibility of ‘back fill’ for Family Minds members to attend partnership meetings	✓
Heads Up	Working party to capture the CYP voices on the Family Minds Plans	
	To share how the process works with data sharing to the GPs	
AED	Working party looking at the Data required to evidence Family Minds benefits	
YA&HT	To represent FMP at ICS meetings (with back-fill)	
NHS WF&T	Working party looking at data and workforce planning support	
	To look at the training deliverable	
SWAHSN	Looking to assist through Research Engagement Network (NHS Futures website)	
Family Resource	(as above)	
Family Compass	(as above) and offered a Family Hub space	
DCC	To request that a FMP member can join the Family Hubs development discussions	✓
DCC	To link in clinical directors and support as required and a paediatrician to join FMP	
DCC	Exploring discussions and thinking around FMP and Family Hubs and the possibility of building on what already exists (in the VCSE) rather than setting up separate hubs?	✓
CFHD	To explore with DCC about Early Help and Mental health triage and including FMP members	
CFHD	Working towards preventing CAMHS being seen as the only option	✓
Young Devon	Working party to capture the CYP voices on the Family Minds Plans	
Parental Minds	To share our reporting with the FMP email thread	✓
YMCA	To share the learning from ‘evidencing and costings benefits’ from recent homelessness bid	
FMP members	Consider how we report safeguarding incidents to the police	
	To continue mapping (Parental Minds to collate and share)	✓
	To consider suggestions made today	✓
DCC & NHS	To consider how we make the Thrive Directories sustainable	

Previous Pledges

- **C, D, J, S, S, C, S F** Who is interested in looking at the language that we use in Devon? ✓
- Early help strategy
- **CP**– pledge to keep reviewing language to increase and communicate non-judgemental approach to delivery services. ✓
- **B** - Take the conversation of language to MHST
- **S** – Build on link between health and schools
- **C** - Look into Right for Children process and linking to family hubs
- **S & D**– Being sensitive to perception of parental blame, being mindful of the language used. ✓

Blue Sky Thinking - Family Hub Creation

- How do we earn trust? How do we draw upon the network to encourage participation? How do we keep the focus on children during times of uncertainty?
- Parental Minds has 2 buildings in Honiton, expanding to all 4 rooms. How can we use them wisely.
- NHS & DCC could potentially use it, along with Family Minds Partners & drop-in clinics (GPs)
- Hub based in Honiton, rather than a hub for Honiton.
- Social prescribing – potential for funding. Signposting services – how are costs covered?
- Physical activity linking to mental health – Live and Move Exeter: is there something similar that we can take advantage of?
- Accessibility – Gated therefore privacy isn't an issue
- Could Homestart get involved with Baby Group?
- Quiet revision space
- Get involved with community, clothes swaps, food banks, charity shop space.
- Caregivers drop in.
- Consider young parents that are struggling to access support. Waffle House has a good model. There's a gap in Honiton.
- Youth service provision
- Sexual health provision for young people – could be a contact with Young Devon.
- If we think beyond Honiton, how do we approach that? How do we make things happen?
- Family Hub workers
- Fundraising events – everyone using their contacts together. There will be people within the community willing to donate.

Blue Sky Thinking - System

- **How do we build a local system that contributes something and makes room for experience, what does that look like, how can we support individuals and show the impact they've had?**
- Confidence in local enterprise. Nurturing people to lead their own organisations, especially those facing redundancy in NHS & DCC
- Aiming to become self sustainable.
- Making the system clearer for families, how do we promote to families that need it.
- **What about those that need it for free? What about those that can pay?**
- Protecting grants for those that really need it.
- Preventative for some families. DLA, cost of living crisis,
- First one or two sessions could be offered for free – a taster before commitment to ease worries about money.
- Reminder for people to be vocal, give feedback or praise to organisations or individuals. Acknowledgement is important.

Blue Sky Thinking – School System

- How do we update school system. Conflict over how things should be run. People stuck in the middle trying to do what's right. Children don't fit that box.
- Say that more! Make people aware that those in schools are aware things are outdated and are working to change things. Example: Letters of attendance – don't want to send them out but have to.
- How do we support – sitting in schools in a restorative way. Changing wording in letters. Working with exclusion teams. Changes of scenery or words could make a big difference. Perspectives aren't being shared so it leads to conflict.
- Organisations can sit with you and work with you, you can ask questions and learn more. How to tap in? Email.
- How can design this into a project that we can track the impact of? Shine a light on good practice.
- Attendance and Wellbeing Project already happening
- 'The language means I feel like a bad parent' - parents internalising.
- Clinics seeing children out of school with headaches, stomach-aches, undiagnosed anxiety. Overwhelm of going back into a school setting after missing so much. They don't know what's happening and then give up. They hear a narrative between parents and school 'you need to be in school', and once they get into school they get stigmatised by friends, there's a lack of connection with teacher. Communication needed – why their attendance isn't good for the school. Understanding why it's difficult for the young person, pinpointing subjects or skills to focus on and build from there.
- How aware are schools of what organisations can offer to help with? Example: Attend Training
- How do we get this out wider and systemically? How do we reach those that aren't here today? Aim is to invite all schools, showing what we've learnt, reaching out to Tedd Wragg. We need to emulate a working system so that other schools are interested.
- Big restructure currently. Devon trauma network, improving with trauma informed practice - Conference in June about system change.
- We put a lot of pressure on the education system when YP are so diverse. What new thing could we be doing? This space isn't working, but this space might – exclusion language. What can we do to meet the needs of the YP that fall outside the range of the norm? Alternative provisions. Considers of resources and funding, language. School isn't the only answer.

Overcoming Barriers - Education

- Many vol sec orgs here work without barriers. Is there some learning for statutory services here?
- Could offer training and consultancy around trauma informed practice – work with staff before or alongside working with children.
- CYP can learn to use the vocabulary too. Need a line of communication to make changes.
- Link with – Make Amends, Attend Framework. Have collected voice of child and parent. Next part is to coordinate what next.
- Family Resource role in TAF – amplifying family voice in the TAF. Explaining history, trauma, behaviour needed by others. Often needs an extra voice in the middle - How to extend this support?
- Esteem Team don't have capacity to attend all meetings but do meeting prep and input.
- Advocacy is important. FSW is great but there is a power imbalance. Meeting support would be amazing.
- FR: Time to get alongside people, see what they're living with and what could be different – often they're at rock bottom and don't know. Importance of being in the home.
- Feels 'locked' for people until they are that unwell for help to be unlocked – such high thresholds
- Only way to get AP – the EHCP - schools will accept them and/or child excluded from school, should AP be on the school site or not? - Needs to be blended.
- Honiton Primary School has 8 spare classrooms and yurt with cooking facility. Local heads want adopt this approach. Some other schools have capacity.
- Need to make it easier for this to happen.

Overcoming Barriers to Education continued...

- Attendance and Wellbeing – hoping current providers can continue services

What have we noticed?

- HCC – Forest school with children on the edge of exclusion. 80% of the kids that are arriving aren't eating breakfast and are acting out because they're hungry. They also want something to look forward to, helps to transform their behaviour - How could the community make this offer?
- Child's experience of being heard doesn't have to happen during a TAF meeting – could happen anywhere.
- Making easy changes that can change the school experience – then don't need to be unlocked later on.
- Family Hub session with FMP – Preparation for communication with families.
- Ness to interview Becky Jackson
- Being clear on criteria before sharing info with families. We want to avoid disappointment.
- Video on family minds website to be made.
- When we say Team around the family, they hear team against the parent
- Feeling of belonging from that session – can work all week long if you have an anchor. Opportunity to connect.

What is the barrier to parents not filling out pupil premium forms? Stigma, fear of prying / social services, not having skills or will.

- Our role can be to explain why and what the benefits are. Auto enrolment could make a big difference – to school funding as well as the family. VCSE can support in conversations. Tell parents it's a current snapshot – will continue if your situation changes.
- Who can do a session with family hub and family minds team about pupil premium? So we know what the questions are and can encourage them to complete it. Could we have forms to hand? Becky Jackson from Littleton to do video – how to and criteria. Can go on family minds website for orgs and families.
- Keep children's voices in the centre – using photos and quotes.

Overcoming Barriers Education and families in general

- Data – Sarah Lou and Su Smart discussed and collated what data is available. Su Smart will investigate and feed back at next meeting.
- Appropriate provision
- How can we help children get functional English and Maths now, so they can do the rest when they're ready?
- Commissioning for Aps is changing, funding is available
- Access to training for VCSE AP staff is unequal
- Post 16 and Post 18 access e.g. to Careers if you don't fit
- Children have to meet such high threshold to get needs identified, already done damage, trauma, scarring by then
- EHCP – parents think it's the way to get support but it can become a barrier to accessing mainstream again
- Sometimes have to go through an exclusion to get an access point
- No funding to support parent carers
- How to support young people before they fall out of the system?
- EHCP can lead to schools saying no, rather than families finally getting support. School thinking of unable to meet needs already
- Finding right AP – too many children for each space, transport.
- So mainstream schools carrying these children, taking their budget for children who might be able to succeed in mainstream offer. Gets worse for them. Vicious circle.
- Can we have a MoM just for alternative providers? - DCC recently held one – [how can we link in with the Vol Sector? \(Jade\)](#)
- AW project will revisit thrive directory – DCC to look at sharing in more spaces on their website
- Social prescriber for St Thomas med practice – great model – needed in other areas. Wellbeing Exeter roles shrank – lost those roles.
- Family hub people need to link in with social prescribers and neurodiversity navigators
- There are lots of people doing similar roles – having people working in one space may help connections
- Systems – threshold for CAMHS very high, long wait.

Data to consider

- Reduction in referrals (broader than mental health)
- Reduction in school suspensions/exclusions would be key
- Reduction in referrals to adult MH for parents
- Reduction in CAMHS/CFHD referrals
- Reduction in A&E visits
- Reduction in GP visits
- Reduction in dependency on an EHCP
- Outcomes for children
- Outcomes for parents/carers/families
- Outcomes for VCSE and other services
- Outcomes for the wider system (through preventing demand or lowering the level of need); impact in primary care, NHS services, LAs, YJS, schools etc.

Numbers and case studies

Language we find **uncomfortable**



Language we love





Education

This week we:

- Had high tariff
- Didn't set the support needed from some families
- Have had some serious self-harm

We are hoping:

- Generate more information, awareness + understanding to increase acceptance.
- All families buy in and work in partnership.
- We can support before self harm takes place.
- Equipping families to support effectively

Networkers

This week we heard colleagues share how much they are struggling to maintain hope that their roles can make a difference amidst the NHSE announcement. We are hoping that all the passion, skills, and experience held by those about to lose their job will not be lost from healthcare. That they will find a way back in.

Family Facing

This week we've seen a lot of stressed parents where young people are absent without permission on a long term basis. We are hearing the anxiety and economic role and struggles. We are hoping to see services collaborate, community be resourceful and engaging. Guiding children with informed choice and engaging young people and funding.

Statutory & Commission

This week we:

Hear about yet another restructure - NHS, DCC, CFHD. Creating a lot of uncertainty. We are hoping: That organisation priorities meet the priorities of the people of Devon and children and families. That things won't get any worse.

VCSE Leads

This week we are all concerned about financial stability from gov to newborns and the impact on the work, families and the humans we are. We are hoping it gets better through working together. VCSE leads.

I pledge to...

- To continue to link in with services
- To respond to emails/calls for clinical advice or redirect where I can. We pledge to integrate VCSE into our leadership team in 2025.
- To continue working in collaboration with other agencies, being part of multiagency partnerships, keeping the child's voice at the centre, and to listen to new ideas and build relationships.
- To be part of change to innovate the education system to better meet the appropriate needs of all families.
- To share the language we have spoken about today with my team, work with Littleton around their mental health ambassadors and bringing other schools together.
- To collaborate with LED and Heads Up to run a Mental Wellbeing Ambassador Workshop/ collaboration with local schools at Honiton Community College.
- Following today I am going to pledge to learn more about another organisation who was here today. I am also going to contribute further to the language conversation. Lastly I am going to stop every now and then and remember to look after myself.
- Explore opportunities for use of a Honiton Hub. Raise awareness/ consideration of services and the impact they have. Continue to advocate and share for more trauma informed practice. Explore Parental Minds champions.
- Encourage more photos and videos from my team to share. We will carry on being us.
- Renewing remaining funds to support transitions from child to adult services and identify ways to utilise (Parental Minds) to support families and ways to evidence outcomes.
- To continue to work alongside partners and agencies to improve better outcomes for the children of Devon.
- Ensure family hub is in conversation around Section 106 Community Funding regarding the Millwater site development. Engage in restorative practice project.
- To take the word cloud to our Devon EWB meeting to get views of the group and develop shared language across Devon.
- To raise the meeting in the commissioning team
- To explore how YMCA can grow to appropriate provision to meet more young people's needs and support the system.
- To find out if the SSE can provide CPD support for those in public sector who work with CYP+F and face redundancy
- To support a mental health support presence at future meetings.
- To look for sustained funding for the network to continue.
- To look for funding to support the concept of a family hub based in Honiton.
- To build strong connections with colleagues met at this meeting.
- To explore the evidence base around Attendance and Wellbeing and develop potential research questions and methodologies for a doctoral thesis.
- To support the most effect way to feedback YPs experience to schools and how to support schools implement change.

Next Meeting

- Early October in Cranbrook
- School tour to be held early morning – optional for people to attend
- Meeting of Minds agenda as usual