

# THRIVE DIRECTORY

Process for Children Not  
Engaging in School

If you wish to add more organisations to this document, please contact  
Parental Minds at [admin@parentalminds.org.uk](mailto:admin@parentalminds.org.uk)

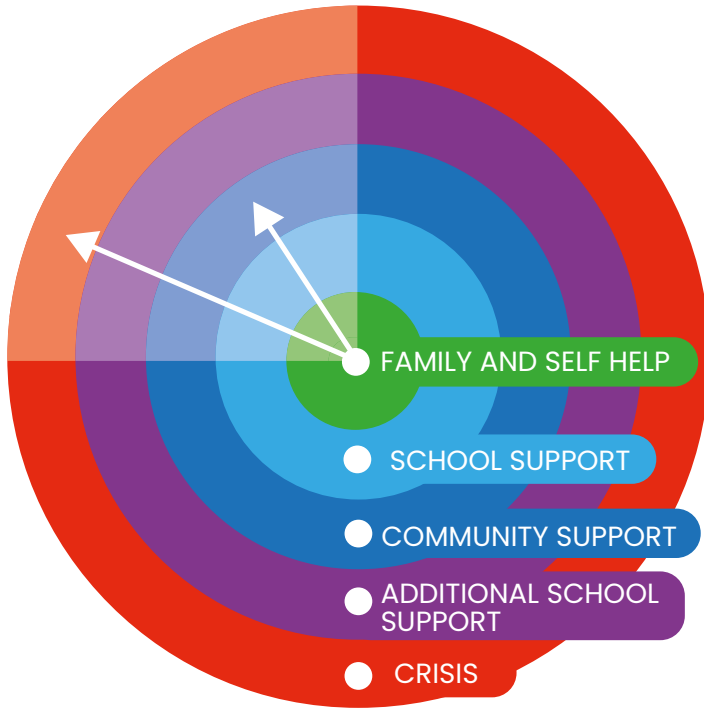


**PARENTAL MINDS C.I.C.**  
Mental Healthcare ; Exploring Pathways



**PARENTAL MINDS SUPPORT**  
Mental Healthcare ; Supporting Families

# Process for Children Not Engaging in School



### GETTING ADVICE

At this stage, less support is needed. Support for those in need comes in the form of family connections, and self help methods.

### GETTING HELP

When things progress a little further we can turn to look at the school. What support are they already providing and what else can they begin to provide us?

### GETTING HELP

We can turn to community support as well.

### MORE HELP

As the situation becomes more serious, it's time for us to look at additional school support.

### CRISIS SUPPORT

This is the most serious stage of support - it is important to keep an eye on the situation here and de-escalate where possible.

Family and Self Help		
Name	Description	Link
Parental Minds Support Guides	Active Listening, Communication (Face Facts), Planning (Worry Tree), processing emotions and self - care	<a href="https://www.parentalminds.org.uk/category/all-resources/">https://www.parentalminds.org.uk/category/all-resources/</a>
School Nurse (Chat Health)	Text Support for 11-19	07520 631722 <a href="https://www.healthforteens.co.uk/devon/">https://www.healthforteens.co.uk/devon/</a>
School Nurse (Chat Health)	Parents and Caregiver support	07520 631721 <a href="https://www.healthforkids.co.uk/devon/">https://www.healthforkids.co.uk/devon/</a>
Parent Talk	Children's centre 0-19	<a href="https://parents.actionforchildren.org.uk/">https://parents.actionforchildren.org.uk/</a> Devon - 07520 631721 Torbay - <a href="https://www.torbayandsouthdevon.nhs.uk/services/0-to-19-torbay/">https://www.torbayandsouthdevon.nhs.uk/services/0-to-19-torbay/</a>
Early Help Support line	Customer Service Centre on 0345 1551071 or visit the online request support form: <a href="https://devoncountycouncil.outsystemsenterprise.com/MASH/homepage">https://devoncountycouncil.outsystemsenterprise.com/MASH/homepage</a> They are open Monday to Friday 8am-8pm and Saturdays 9am-1pm	<a href="https://www.dcfp.org.uk/early-help/">https://www.dcfp.org.uk/early-help/</a>
Lumi Nova	A therapeutic mobile game to help 7-12 year olds learn to self-manage their fears and worries	<a href="https://childrenandfamilyhealthdevon.nhs.uk/lumi-nova/">https://childrenandfamilyhealthdevon.nhs.uk/lumi-nova/</a>

Available in School		
Name	Description	Link
Parental Minds	Supporting parents and caregivers with meeting preparation.	<a href="https://www.parentalminds.org.uk/">https://www.parentalminds.org.uk/</a>
Speak to staff you trust	Teacher (1st or Reception)	
	Pastoral (signpost to teacher/reception)	
	Attendance Officer	
	SENCO (Graduated Response assessment tool, strategies & guidelines, being reviewed due to some wording)	
	Heads of Houses/ Year	

Services Available in School		
Name	Description	Link
Access to learning while absent	Senior Leadership Education Support (Primary School)	
	Designated Safeguarding Lead (Secondary School)	

Ask if your school has...	A designated mental health lead	
	A senior mental health lead	
	A mental health in schools team	
	An Emotional & Mental health practitioner	
Pastoral Support	Signposted to teacher/reception	
	Attendance Officer	
	SENCO	
	Heads of Houses/Years	
Ask if your school has support from...	School Counsellors	
	Place2Be	<a href="https://www.place2be.org.uk/">https://www.place2be.org.uk/</a>
	Young Devon	<a href="https://www.youngdevon.org/">https://www.youngdevon.org/</a>
	Headlight	<a href="https://www.actioneastdevon.org.uk/headlight/">https://www.actioneastdevon.org.uk/headlight/</a>
	Normal Magic	<a href="https://www.normalmagic.co.uk/">https://www.normalmagic.co.uk/</a>

Education Crisis		
Name	Description	Link
Education inclusion team	1:1 CYP Mentors	<a href="https://www.devon.gov.uk/educationandfamilies/school-information/education-inclusion-service/">https://www.devon.gov.uk/educationandfamilies/school-information/education-inclusion-service/</a>
	Education Key Workers	
	Education Welfare Officer	
Devon Education Service	Integrated service provider for education improvement and specialist intervention services	<a href="https://devoneducationservices.co.uk/">https://devoneducationservices.co.uk/</a>
Elective Home Education Team	What you need to do if a child is going to be home-educated	<a href="https://www.devon.gov.uk/support-schools-settings/safeguarding/elective-home-education/">https://www.devon.gov.uk/support-schools-settings/safeguarding/elective-home-education/</a>
Request for Support form	Social Care, Social Worker, Family Support Worker, Bridges (support for where parent/child relationship has broken down).	

Emotional/Social/Health		
Name	Description	Link
Thrive Directories (Parental Minds)	Guides to mental health services for children and young people, and for those that struggle with self-harm.	<a href="https://www.parentalminds.org.uk/category/all-resources/">https://www.parentalminds.org.uk/category/all-resources/</a>

Joy App	Joy enables health and social care professionals to link clients to local services and demonstrate outcomes	<a href="https://www.thejoyapp.com/">https://www.thejoyapp.com/</a>
Early Help	Locality officers will know what's available	<a href="https://www.dcfp.org.uk/early-help/">https://www.dcfp.org.uk/early-help/</a>
Helplines	Find a helpline	<a href="https://www.helplines.org/helplines/">https://www.helplines.org/helplines/</a>

Emotional/Social/Health		
Name	Description	Link
Social Prescribing	Via GP/School	
	Community Connector/ Social Prescriber	
	Wellbeing Exeter	
	Youth Community Connector	
	Family	
	YD & SPACE (funded by Wellbeing Exeter)	
	Ethnic Minority Community Connector	

Emotional/Social/Health		
Name	Description	Link
Local Offer	Special educational needs and disabilities	<a href="https://www.devon.gov.uk/support-schools-settings/send/">https://www.devon.gov.uk/support-schools-settings/send/</a>
Education Inclusion Service	Statutory, but impartial service for parents and carers, school governors, headteachers, school staff and other agencies about inclusion, reintegration and exclusion	<a href="https://www.devon.gov.uk/educationandfamilies/school-information/education-inclusion-service/">https://www.devon.gov.uk/educationandfamilies/school-information/education-inclusion-service/</a>
SPA (CFHS - Route to CAMHS)	Health & SEN - NHS	
	Disabled Children Services - Level 3 form	
Request for Support Form	Youth Intervention Team	
	Family Intervention Team	
	Children's Centre (Early Help Team)	
	Youth Justice	
	Disabled Children Services	
REACH	If your child has gone missing (only if reported by a parent, as part of the return to home interview)	<a href="https://www.devon.gov.uk/educationandfamilies/young-people/reach-reducing-exploitation-and-absence-from-care-or-home/">https://www.devon.gov.uk/educationandfamilies/young-people/reach-reducing-exploitation-and-absence-from-care-or-home/</a>
ECI - Devon Family Resources	Various links EH, via Victim Care (D&C police) & direct	<a href="https://www.eci.org.uk/">https://www.eci.org.uk/</a>

Examples of What's in the Community		
Name	Description	Link
Careers South West	Helping individuals with disabilities participate in the workforce	<a href="https://careers.southwestair.com/">https://careers.southwestair.com/</a>
Wave Rangers	Supports young people from disadvantaged areas in North Devon and Torbay to engage in and benefit from volunteering opportunities in the natural environment	<a href="https://www.waveproject.co.uk/wave-rangers/">https://www.waveproject.co.uk/wave-rangers/</a>
Inspire South West	Community Interest Company supporting children and young people	<a href="https://www.inspiresouthwest.co.uk/">https://www.inspiresouthwest.co.uk/</a>
Church and Faith Groups	Care for the family	<a href="https://www.careforthefamily.org.uk/support-for-you/family-life/parent-support/">https://www.careforthefamily.org.uk/support-for-you/family-life/parent-support/</a>
Young Minds	Mental health resources	<a href="https://www.youngminds.org.uk/">https://www.youngminds.org.uk/</a>
Child Line	Mental health resources and 1-2-1 counsellor chats	<a href="https://www.childline.org.uk/">https://www.childline.org.uk/</a>
National Helplines	Young Minds	<a href="https://www.youngminds.org.uk/">https://www.youngminds.org.uk/</a>
National Helplines	Childline	<a href="https://www.childline.org.uk/">https://www.childline.org.uk/</a>
National Helplines	The Mix	<a href="https://www.themix.org.uk/">https://www.themix.org.uk/</a>
Parental Minds	Resources and peer support for carers	<a href="https://parentalminds.org.uk/">https://parentalminds.org.uk/</a>
Parental Minds Thrive Directory	Local Mental Health Support Thrive Directory	<a href="https://parentalminds.org.uk/links/">https://parentalminds.org.uk/links/</a>
Parental Minds Thrive Directory	Self-Harm Thrive Directory	<a href="https://parentalminds.org.uk/links/">https://parentalminds.org.uk/links/</a>
The Joy App	Joy enables health and social care professionals to link clients to local services	<a href="https://www.thejoyapp.com/">https://www.thejoyapp.com/</a>
Kooth	Support for children and young people aged between 11 and 24	<a href="https://www.kooth.com/">https://www.kooth.com/</a>
Qwell	Free digital mental wellbeing support for adults across the UK	<a href="https://www.qwell.io/">https://www.qwell.io/</a>

Examples of What's in the Community		
Name	Description	Link
Princes Trust	Building confidence - 12 week course for 16-25 yrs	<a href="https://www.princes-trust.org.uk/">https://www.princes-trust.org.uk/</a>
Adventure Therapy	Activities to build self-confidence and develop skills and abilities	<a href="https://adventuretherapy.org.uk/">https://adventuretherapy.org.uk/</a>
Children and Family Health Devon	Provides children's health services across Devon	<a href="https://childrenandfamilyhealthdevon.nhs.uk/">https://childrenandfamilyhealthdevon.nhs.uk/</a>

Examples of What's in the Community		
Name	Description	Link
Adopt South West	Support for Adoptive families	<a href="https://www.adoptsouthwest.org.uk/">https://www.adoptsouthwest.org.uk/</a>
FASD South West	Foetal alcohol syndrome support.	<a href="https://www.fasdsouthwest.org/">https://www.fasdsouthwest.org/</a>

If your child has a SEN		
Name	Description	Link
DiAS (free)	Devon information, advice and support	<a href="https://devonias.org.uk/">https://devonias.org.uk/</a>

If your child has a SEN		
Name	Description	Link
Queen Elizabeth's School - Devon SpLD Dyslexia Service	Devon's Advisory Team for pupils with Specific Learning Difficulties (dyslexia) and their teaching staff, is based here at Queen Elizabeth's School	<a href="https://www.qe.devon.sch.uk/school-information/partnerships/devon-dyslexia-service/">https://www.qe.devon.sch.uk/school-information/partnerships/devon-dyslexia-service/</a>

If your child has a SEN		
Name	Description	Link
Neurodive (paid)	Training for parents and professionals supporting neurodiverse children	<a href="https://www.facebook.com/neurodivetraining/">https://www.facebook.com/neurodivetraining/</a>
EHC Plan (0-25 Team)	Plan for children and young people aged up to 25 who need more support than is available through special educational needs support	

Post 18 Support		
Name	Description	Link
Silver Cloud	Adaptation of Talkworks Tool	<a href="https://www.silvercloudhealth.com/uk">https://www.silvercloudhealth.com/uk</a>
Devon Education Service	Pre Babcock, Autism and Me	<a href="https://devoneducationservices.co.uk/">https://devoneducationservices.co.uk/</a>
Preparing for Adulthood (14+)		